

I AM AN INFERTILITY SURVIVOR....I SURVIVED INFERTILITY.....

It has been more than 10 years and it is still hard to explain the impact infertility had on my family. I am reminded every time I talk to someone who is in the trenches of this struggle. I attended a group of others who had been through the same struggles, are just starting, and are resolved. I heard all of their stories that were unique but familiar to me. I felt the tears in my eyes and the feelings in my heart and the relief that I had made it. My family is intact, my daughter is thriving and I am please to be an advocate for the support groups that helped me ride the roller coaster of infertility and for our family, adoption.



The group was the reason that I became a therapist, so families had somewhere to go to share this experience and learn that there is light at the end of the tunnel. I sat in group where every woman shared her story and hopefully found what I did, the support I needed to continue.

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