

Sara Rector MFT

MFT #31230

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Website: www.fertilitypsychotherapy.com

Background:

Masters Degree, Psychology – University of San Francisco
B.S. Degree, Psychology - Pitzer College of Claremont Colleges

Private Practice (1/94 – Present)

I work with individuals and couples on life strategies, communication and relationship skills.

I am currently leading 3 groups:

Women in Transition, Mommy & Me, and Resolve Ovum & Adoption Support groups

Live interviews for Anjionline.com, Women's Health & Wellbeing website

Ceremonies and rituals for infertility and pregnancy loss

Relationship issues and infertility

OVUM Donation issues of disclosure

Resolve – National:

2007 – Teleconference guest speaker on how to run a successful resolve support group

Resolve Support Group Leader – Southwestern Region (1/2004 – Present)

Leading three psychotherapy groups: General Infertility, Ovum Donation & Adoption and Mommy and Me (Pregnancy and Parenting Support after infertility)

Lecturer at Resolve Southwestern Region Fall Symposiums at UCLA

2006 – Keeping Your Marriage Alive

2005 – How to Cope with Infertility as a Couple

2004 – Riding the Emotional Rollercoaster of Infertility

Have written articles for Resolve:

Fractured Family Fairytales

Surviving Bed Rest

Strategies to Help You Cope During the Holidays

10 Strategies to Cope with Infertility as a Couple

Created Audio CD and Downloadable sound file on psychological treatment plan for infertility.

“Positive Intention Conception” The 1st in a series of CDs available to support conception

Setup and coordinated Resolve quarterly education meetings (2006-Present)

Medical Innovations for Infertility

Success Party

Update on Assisted Reproductive Technologies

Choosing a Reproductive Endocrinologist

Choosing an Egg Donor or Surrogate

Served as an expert witness in an Infertility Court case

Professional Member of:

ASRM (American Society of Reproductive Medicine), Resolve, AFA (American Fertility Association), CAMFT (California Association of Marriage & Family Therapists)